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Shamrocks and Shenanigans

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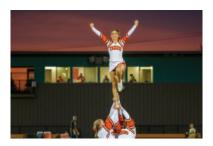
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C-H-E-E-R. Cheer is a Sport

By Eleanor Graves



During the BOTC pep assembly, a game of trivia dug up a controversy that has been slowly shifting its way into conversations since 1949. The premise was simple enough- each class advisor took a turn choosing a question at random, and had to get it correct or face the egg. This turned into a problem the moment the questions got contentious.

The question asked senior class advisor, Sean Burke, to name the three winter sports. As a winter sport coach himself, the senior crowd went taut with relief-

surely he had an easy point. Without hesitation, Sean replied, "Basketball, Wrestling, and Cheer," only to be shut down and given the egg (that is, punishment by breaking an egg over his head) for his "incorrect" response. Apparently, the world would still rather see girls basketball and boys basketball as two different sports... then recognize Cheer for the grueling contact sport it really is.

"They've still gotta go do sports physicals, right?" Sean commented, defending his answer. "They've still gotta do their pay to play, and they've gotta do everything else that every other sport has to do, right?" He brought up an excellent point- in terms of qualifying factors, Cheer is held to and meets all the same standards that are expected of recognized high school sports. Cheerleaders can still earn scholarships, they're still given Varsity Letters- by all accounts except 'official', Cheerleaders are recognized as athletes. "Especially when they're doing stunts and stuff. It takes athleticism to get the girls up- they've gotta do tumbling, it's just like a gymnast," Sean added.

So, from a coach's perspective, there's no reason for cheer not to be a sport. But what about the opinion of the school?

Mrs. Coulson wrote some of the newer trivia questions- but also recycled those from previous years. One thing is for sure- she certainly didn't intend to spark the upset attentions of Cheerleaders who once again felt jilted in their impressive efforts and devotion to their sport. When asked her own opinion, Mrs. Coulson was quick to reply, "Yes, I absolutely think cheer is a sport. Because... It requires the same amount of effort and energy and talent as any other sport. You have to practice, you perform, there are competitions... so, yes." Though, when it comes to the corrected answer of the trivia question itself, there was one more thing to settle. Can girls basketball and boys basketball really be considered two different sports? "I don't consider them two different sports, I do consider them two different teams," Mrs. Coulson clarified. "It is the same sport, it's basketball!"

With two different perspectives both lying in the affirmative- that cheer is a sport- it makes you wonder how Cheerleading got swept under the metaphorical rug in the first place. Calling back to 1949. Organized chants in crowds, usually from male fans, had already existed for years- but in 1949, Lawrence Herkimer created the National Cheerleaders Association in Texas. A group that looked a bit more like Cheer does today. Organizations started to pepper all about the country, and soon enough, they were competing against each other in displays of human endurance and showmanship. So what started as a bunch of guys cheering and hollering for their college football team had now evolved into the complex, compelling, edge-of-your-seat athleticism that crowds just know as a memorable halftime. Cheer wasn't born a sport, no, but as it evolved the opinions of its viewers remained insultingly stagnant.

Just while I was writing this page, four- yes, I counted, four- people approached me and asked what I was writing about, just to assert the opinion that Cheerleading was not a sport. It came down to two misconceptions-first, that Cheer does not compete. "We compete starting next year around the start of December, against other schools' Cheer teams," corrected Sydney Wilkinson, a freshman flyer in the 2022-2023 Cheer lineup. "There's requirements that go into the routine that we have to perfect in order to compete, it's not your normal halftime routine for football."

The second misconception; that it is not a physically extraneous activity. Cheer is hardly just yelling at crowds and shouting for other sports teams- in fact, the majority of practices in a year are dedicated solely to stunting. Within a stunt are four girls fighting to keep stable or face consequences that could potentially prove fatal. "A flyer is the girl on top in a stunt, the one in the air. You have to have a lot of body control, and know how to control your weight in the air," explained Sydney. While a flyer certainly has the most showy role, there are two others just as punishing and rewarding. For backspot Abbie Mayer, the senior cheer captain of the 2022-2023 season, there are different sets of criteria. "You're like the main person. You count everything, you make sure your flyer doesn't fall to the ground, you help the bases use all the power you possibly can." As a base myself, I can attest to the strength required in that position. It's crucial to use your legs to power the stunts- from pushing the flyer off of the ground to getting her feet as high above your head as you can hold them- as well as the physical test of keeping your back straight while doing it. Bad posture in a stunt is painful, and corrected only over countless hours of practice.

The slander on Cheerleading is nothing new - but it is worth it to the athletes on the team to be recognized. The GFHS Cheerleaders are a team of incredibly driven and talented girls, led by two wonderful coaches, all in the name of their sport.

The Gold Pot Scoop on St. Patrick's Day By Danika Mace



St. Patrick's Day - a celebration filled with gold & green, leprechauns, and luck - has more depth than you think. The patron saint of Ireland, Saint Patrick, is known for bringing Christianity to Ireland. The first St. Patrick's Day feast was celebrated on March 17th, 1631 and it was believed to honor the Saint's death. Even though St. Patrick's day is widely celebrated in Ireland, the Saint is actually British. Born in Scotland to British parents and later sent off to Ireland as a slave, the saint worked with sheep and later escaped to spread God's message to the people of Ireland.

Countries all over the world celebrate St. Patrick's Day in their own ways. Britain celebrates March 17th as any typical day, aside from going to a local pub for a drink. In Ireland, various events are held such as parades and festivals that include dancing, drinking, and eating festive foods. Dishes

such as corn beef and cabbage are a common favorite on this holiday. Aside from Ireland, in America, St. Patrick's day is celebrated with everything green and leprechaun related. The United States tends to celebrate St. Patrick's Day for its associations rather than its history. Fun fact, the first parade for St. Patrick's was held in America, not Ireland!

Apart from its celebrations, St. Patrick's Day is also related to its iconic symbols. The classic leprechaun stems from the Irish's beliefs in fairies; they believed that fairies or tiny men/women could either bring luck or bad fortune. Another classic symbol, the four-leaf clover, stems from the Saint's lessons on Christianity in which he used the clover to symbolize the Holy Trinity of Christianity - the unity of the Father, Son, and Holy Spirit. While St. Patrick's Day is an Irish-based holiday, celebrations are open to anyone wanting to have a good time!

The FCCLA State Competition

By Danika Mace & Alexa Marroquin-Garcia



(From left to right) Clarence Grossmann, Ryann Smith, Samantha Hagman

On March 15th and 16th, members from Granite's FCCLA Culinary earned the opportunity to compete at Washington State FCCLA Competition. These students include Sophomores Ryann Smith, Samantha Hagman, and Clarence Grossmann. This year's FCCLA State Competition was held at Wenatchee Convention Center, and it included over 246 competitors from 50 schools across the state. The FCCLA organization stands for 'Family, Career and Community Leaders of America' and it works towards creating opportunities for young adults in Family and Consumer Sciences. Not to mention, Culinary is only a small subsection in this complex organization that students can participate in.

On the first day of State FCCLA, Smith, Hagman, and Grossmann got ready to perform their group event competition. The students competed in Event Management and earned Second Place Silver. Event Management includes building a portfolio and drafting a business proposal to present to a panel of judges. Grossmann informed us that judges graded performance off of their "ability to plan an event and make sure the customer [is] happy". Their pitch included managing budgets, attendance, venue, safety measures, and food.

The day after competitions were completed, students were encouraged to socialize with competitors from other schools and make connections. At the convention, there were various booths with workshop activities students could participate in. When talking to Hagman, she recalled how much fun the group had doing the "Lockbox Challenge". The backstory to the challenge was this; A man wants to buy a car and his financial records are locked in a box but he cannot remember the code to the lock. Here the group had to work together to solve the code and retrieve the documents. Hagman laughed as she told us about their unsuccessful attempts at picking the locks and how much they enjoyed the challenge.

After the workshop activities, the group attended a banquet where all constants would know what placement they earned in their event. When the group received their state metals for Event Management, they celebrated their victory on the dance floor. When we asked the group for their State competition highlight, they were quick to respond with the post-event dance party. The night came to a wrap and the group returned home with another win for Granite!

Our FCCLA Culinary Program is headed by Mrs. Vento and it is open to all. "The program is run through the Culinary class and it is encouraged to take culinary when you're in the program" (Grossmann). Regardless of your experience with Culinary Arts, the program is an excellent extracurricular activity and it teaches students to plan different types of events. Smith mentions her eagerness to join the club was simply to have "a fun way to hang out with friends". If that isn't reason enough, Hagman also encourages students to join for scholarship opportunities and she highlights how great it looks on a resume for those interested in a career in the business world.

Where the Rave At?

3/18/23





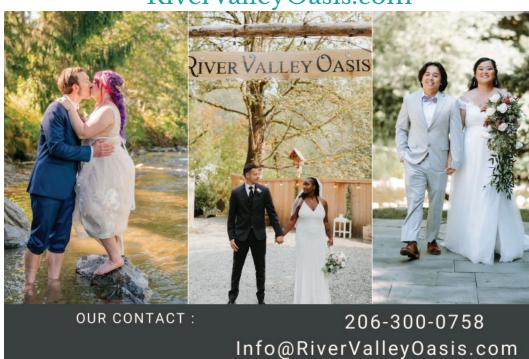






River Valley Oasis Wedding & Event Venue

RiverValleyOasis.com



Sean Burke, Coach of the Year By Sam Vargas-Reid & Mackenzie Dennis



This year, your Granite Falls wrestling coach, Sean Burke, has won the Emerald Sound Conference 'Coach of the Year,' thanks to all of the hardwork and commitment he gave to his team. A few of this year's Wrestlers (Peyton Rihtarich (Senior), Chris Ryer (Junior), Taylor Severson (Junior), Trevor Laymance (Sophomore), Joseph Roberts (Freshman), and Meggi Vonderhorst (Freshman) would like to share some insight about what makes Coach Sean a great leader:

Peyton Rihtarich joined wrestling because he felt motivated by his old Football coach. He can remember from Kindergarten being told that he would be a great wrestler and decided to give it a shot. It's now been 12 years since he began wrestling and he hasn't turned back. Some of his goals for this season were to play in state, master some difficult wrestling moves and stay in shape. He says coach Sean has helped him a lot this year by pushing him forward when things got difficult, and teaching him to multi-task with school, his grades, and sports. Sean has also helped him with his flaws, and his future for when graduation comes around. Peyton wanted to write this for Sean:

I am thankful to have Sean as my coach in my final year of wrestling. Sean became my coach last year, but has made a great impact on the wrestler and person I am today! He's reminded me that you are not good at something until you've done it over 10,000 times, something I've heard since I was 6 years old, but haven't given much thought as a high schooler. He has brought something into this wrestling room that I haven't seen in many years and that is enthusiasm. That trait alone can lead a team to great things... Along with that, he brings extensive knowledge to share with my teammates and I, he creates the foundation for a legacy in the Granite Falls wrestling room.

Chris Ryer has been wrestling since the 8th grade. He joined wrestling because of his older brother and says he's always been able to look up to his brother in wrestling. Some goals he set for himself this season were to make it to state, hold himself accountable, to work really hard in practices and matches, and to also leave a label as a junior in wrestling. Sean has helped Chris by personally working with him and by getting to know them all not just as athletes, but as people who grew and improved as a family. Chris quotes; "He's a coach in more aspects than in just wrestling."

Trevor Laymance has been wrestling since he was just 4 years old. He says he joined wrestling to follow in his fathers footsteps and that some of his main goals this season were to win state, work hard in practice, and to workout outside of his team practices daily. Trevors favorite part of this season was getting to know everyone on his team. He says that Sean has helped him in many different ways and quotes; "Sean turns people from nobodies, to somebody."

Joseph Roberts has been wrestling since the 6th grade. He says he saw it as an opportunity to make new friends, and thought of it as something that he could use as motivation. His goals this season were to be on varsity and make it to state. Joseph says he cares for everyone on his team, no matter the conditions, and took

the effort in getting to know everyone this past season. He says coming from Middle School to High School was something that was a bit hard for him, but after getting to know all his teammates, he not only found many friends, but a family. Joseph says Sean helped him a lot and was someone who stuck around and helped him throughout the season, he quotes; "Sean cares about everyone as family."



Meggi Vonderhorst is a girls freshmen wrestler, and she's been in wrestling since the 6th grade after she wanted to try something new. At first, she saw wrestling as a challenging, difficult sport to do, but after putting in a lot of effort and strength, she grew to really enjoy it. Meggi says she would like to make sure other girls in this sport feel comfortable, and view it as a sport for anyone to participate in. Her goals this season were to make it to state, to learn more, and to take every second to be a better wrestler.

Taylor Severson is a junior wrestler and he has been wrestling for 2 years. He says he felt like this sport would be something to motivate him and that Guzman, a foreign exchange student last year, had convinced him to join the team. Taylor sees Guzman as a brother figure, and made sure to spend as much time with him as he could before he left. His goals this year were to try and make it to state and to work hard at all his practices. Taylor says his coach Sean makes sure everyone comes pumped up to practice, motivates the team together and also as individuals. Taylor quotes; "Coach Sean has influenced me to have more integrity and to work for my goals, complete them, then make new ones."

Spring Sports Photos



















Fun Saint Patty's Day Jokes

What do you call a fake Irish stone?

A sham-rock!

What are the best shoes to wear on St. Patrick's Day?

Lepre-converse!

What did the leprechaun say when the video game ended?

Game Clover!

How can you tell if an Irishman is having a good time?

He's Dublin over in laughter!

Why can't you borrow money from a leprechaun?

They're always a little short!

How can you spot a jealous shamrock?

It will be green with envy



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Special thanks to Alex O'Connell for the "Dumpster Dave" photo shoot, Kyle Thomas for Spring Dance photos, and as always, Mr. Wood for his help with photography.

Are you interested in contributing to the Tiger Tribune? Contact Mr. McCabe or check out one of our Tuesday meetings at 2:15 in B222. We would love to see you there!

Have a story idea? Email gfhs.tigertribune@gmail.com or smccabe@gfalls.wednet.edu.